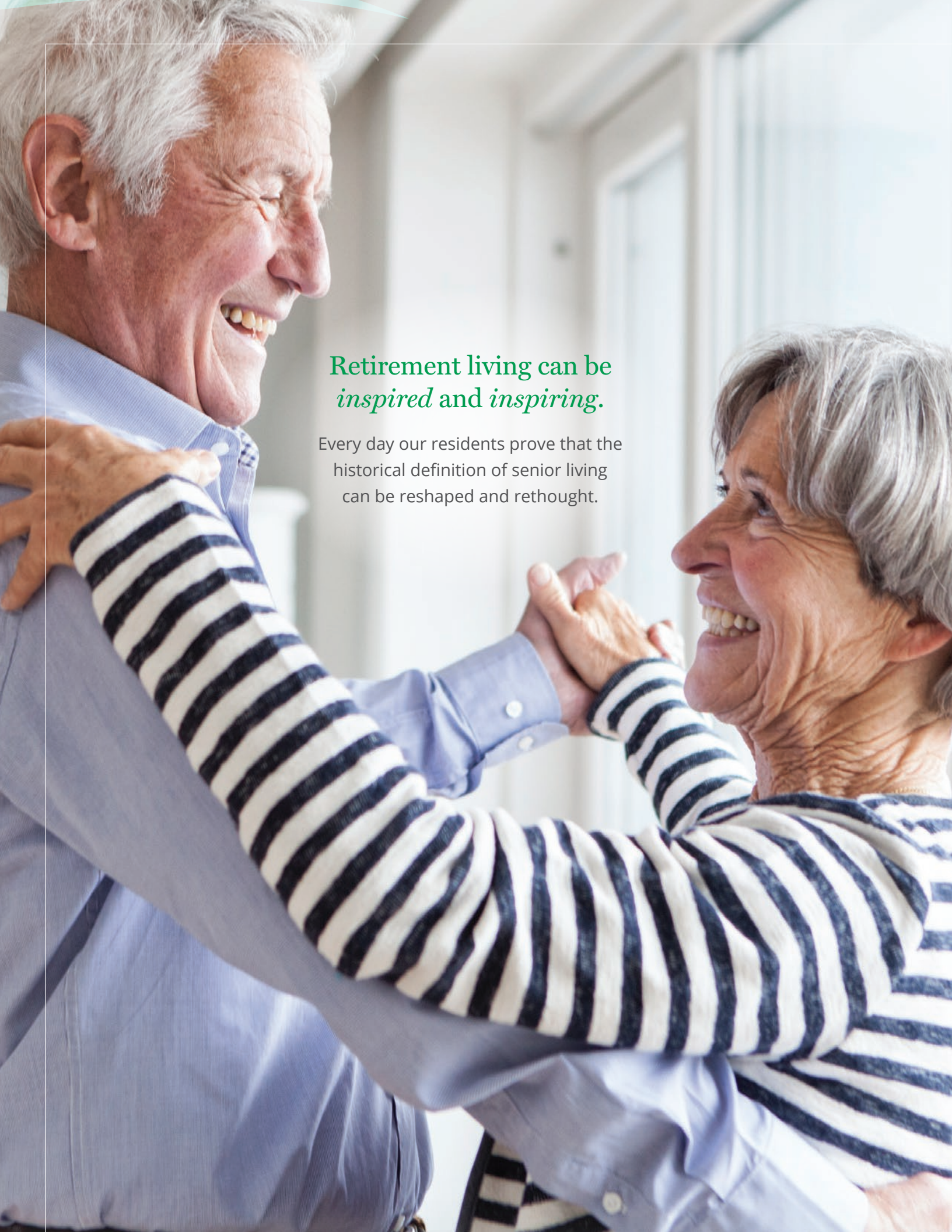




Let's journey *together*

COURTYARD  **GARDENS**

INSPIRED SENIOR LIVING WITH 



Retirement living can be
inspired and *inspiring*.

Every day our residents prove that the historical definition of senior living can be reshaped and rethought.



Welcome *home*

Welcome to Courtyard Gardens, a vibrant retirement living residence where your independence is encouraged and supported. Enjoy the comfort and privacy of your own suite, with services and amenities designed to lighten your load and support you through life's changes.

Our residents truly feel like extended family — as do their pets! We're an inclusive community that operates on the pillars of respect and empowerment, with programs designed to enrich and inspire each day with the support of a dedicated team.

Enjoy the beauty of Courtyard Gardens. Accommodations built to ensure comfort, plenty of room for mobility, and lifestyle options that allow you to age gracefully in place where the people you love are always welcome.

Be *on your own terms*

COURTYARD  **GARDENS**



One bedroom + den suite

Our Accommodations

Create a living space that is uniquely you. Our suites come in different sizes, so you can pick the one that fits your style best. Relax and read your book or enjoy your favourite beverage in the privacy of your own suite. You will have access to great amenities and programs, as well as a community of people just like you. And if you have a furry family member, they're welcome too!

Our suite features:

- Well-appointed kitchenettes
- Heat control for your suite
- Accessible showers
- 24/7 Emergency response system
- Pet-friendly

Respite Stays

We offer respite stay services in private, fully furnished suites that include a telephone, television, and a monitored emergency response system. Caregivers and family members can find relief and peace of mind knowing their loved ones are being looked after by professionals in a safe and secure environment that feels like home.

- Weekly housekeeping service
- Window coverings
- Balconies or patios on select suites
- Complimentary laundry facilities



Fireside lounge

Our Amenities

Living at Courtyard Gardens Retirement Residence, you will be energized and inspired—whether you're relaxing in the comfort of your suite, listening to live music, or enjoying a game of cards with friends. Experience our chef's home cooking and invite your family and friends to join you for a meal. Your friends will feel comfortable the moment they enter our Fireside Lounge and share a cappuccino, glass of wine, beer, or cocktail with you.

Our residence features:

- Main dining room
- Private dining room
- Country kitchen
- Hair salon
- Fireside lounge
- Reception/concierge desk
- Library
- Activity room
- Piano lounge
- Games room
- Tuck shop
- Outdoor terrace
- Transportation for planned excursions
- Guest suites
- Personal mailboxes

Your Well-being

As evolving and varied as they may be, we all want our needs met in a certain way. At Courtyard Gardens Retirement Residence, we celebrate that. Though the types of support we offer are different, the level of respect and dignity we display is unwavering.

INSPIRED SENIOR LIVING WITH



Independent Living

- Three exceptional, chef-inspired meals daily
- Access to extraordinary services and amenities
- Specialized and purpose-built life enrichment and fitness programs
- Transportation for planned excursions
- Personalized wellness programs
- Access to support services as required
- Resident wellness checks (e.g. unexplained absence at lunch or dinner)
- Weekly housekeeping services
- Emergency response system including pendant
- Professional on-site management
- 24-hour security monitoring service
- In-house access to pharmacy services

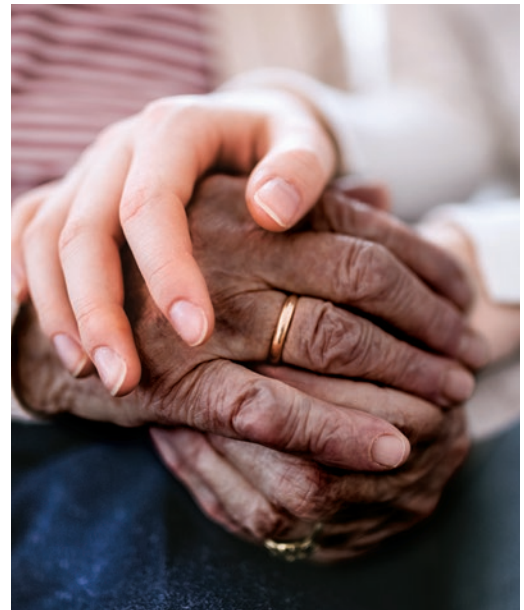
Personalized Support

When you or your loved one needs a little extra support, we offer a tailored approach to care with à la carte options designed to complement our Independent Living services.

Personalized support can include:

- Medication administration
- Assistance with light personal care
- 24-hour registered staff available
- Weekly personal laundry

For a complete list of our personalized care service options, request a copy of our à la carte care services menu.



At Courtyard Gardens Retirement Residence, we believe that all of our residents should live purposefully, with spirit, energy, and the confidence to participate fully in community and social events. Changing needs are always met with respect by our trained and specialized individual service providers.

Assisted Living

Features everything from Independent Living as well as personalized support services.*

- Medication administration
- Assistance with personal care needs (i.e. dressing, personal hygiene, and escort services)
- Bathing assistance
- Health counselling, referrals, and liaison with medical practitioners

Long Term Care

Includes everything from Assisted Living and also includes:

- Person-centered support plan
- 24/7 nursing supervision
- Assistance with activities of daily living
- Bathing assistance
- Medical referral services
- Medication administration
- Assistance with transferring
- Life enrichment programs and amenities
- Escorts to and from meals and activities

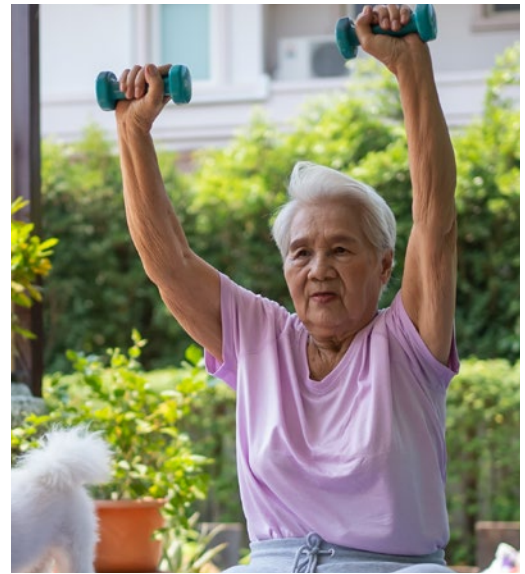
*Charges apply

A fresh take on dining

For most of us, the kitchen is the heart of any home where everyone is welcome, and everyone's tastes and preferences are taken into consideration. We agree that a good meal, formal or informal, is part of creating great memories. At Courtyard Gardens Retirement Residence, our culinary team takes care of everything so you can enjoy your time with friends and family. We are quite literally at your service!

- *Living, Loving, Local* food program
- Three exceptional, chef-inspired meals daily
- Dining room with open seating
- Monthly brunches
- Daily specials and à la carte menu options
- Dietary accommodations
- Licensed dining room
- Express lunch
- Private dining room for family gatherings
- Healthy choices, including superfoods





Indulge in immersive experiences and a community atmosphere unlike any other.

Life Enrichment

At Courtyard Gardens Retirement Residence, everything we do is to ensure that you have a great day, every day! That's why we hold monthly meetings to recognize that your opinions and suggestions are valued. Our monthly activities calendar is a great reflection of how we act upon your ideas. Selected by the residents, our engaging activities will inspire you to participate!


- Excursions to museums, galleries, and entertainment venues
- Guest speakers specializing in music, art, health, education, technology, and politics
- Regularly scheduled live entertainment
- On-site vendors offering unique clothing, jewelry, and more so you can shop in the convenience of your home
- Various on-site non-denominational religious services
- Monthly resident council meetings

Fitness classes include:

- Walk Fit
- Drum Fit
- Go4Life
- Tai Chi
- Yoga

Other purposefully designed programs include:

- Meet Me at the MoMA
- Artfull Enrichment Program
- Java Music Club
- Java Memory Club
- Fit Minds
- Neighbourhood trio-bike rides

An elderly couple is shown in a domestic setting. The woman, on the left, has short brown hair and is wearing a light-colored t-shirt and pants. She is smiling broadly and clapping her hands. The man, on the right, has white hair and is wearing a light purple and white striped short-sleeved shirt. He is also smiling and clapping. In the foreground, a pair of hands is seen playing a piano. The background is slightly blurred, showing a doorway and some furniture.

“Our philosophy for better health and well-being is living an inspired life.”

It's About You

Attention to individual needs and wellness is a priority at Courtyard Gardens Retirement Residence. We have a monitored emergency response system and are staffed 24 hours a day by a team of individuals dedicated to your comfort and well-being. In addition, your Health & Wellness Manager provides health assessments and co-ordination of other services as needed.



Safety & Security

Courtyard Gardens Retirement Residence is a place you can call home, and not because it's where you wake up every morning, but because you're surrounded by people who care about your well-being, providing you with peace of mind. We believe that you should feel safe and reassured when living in your new home. Our residence has innovative safety features.

- 24/7 emergency response pendant
- Security door system and cameras in public areas
- Regular fire safety and equipment testing
- Sprinkler system and smoke detectors
- Emergency response system in every suite



Emergency response pendant



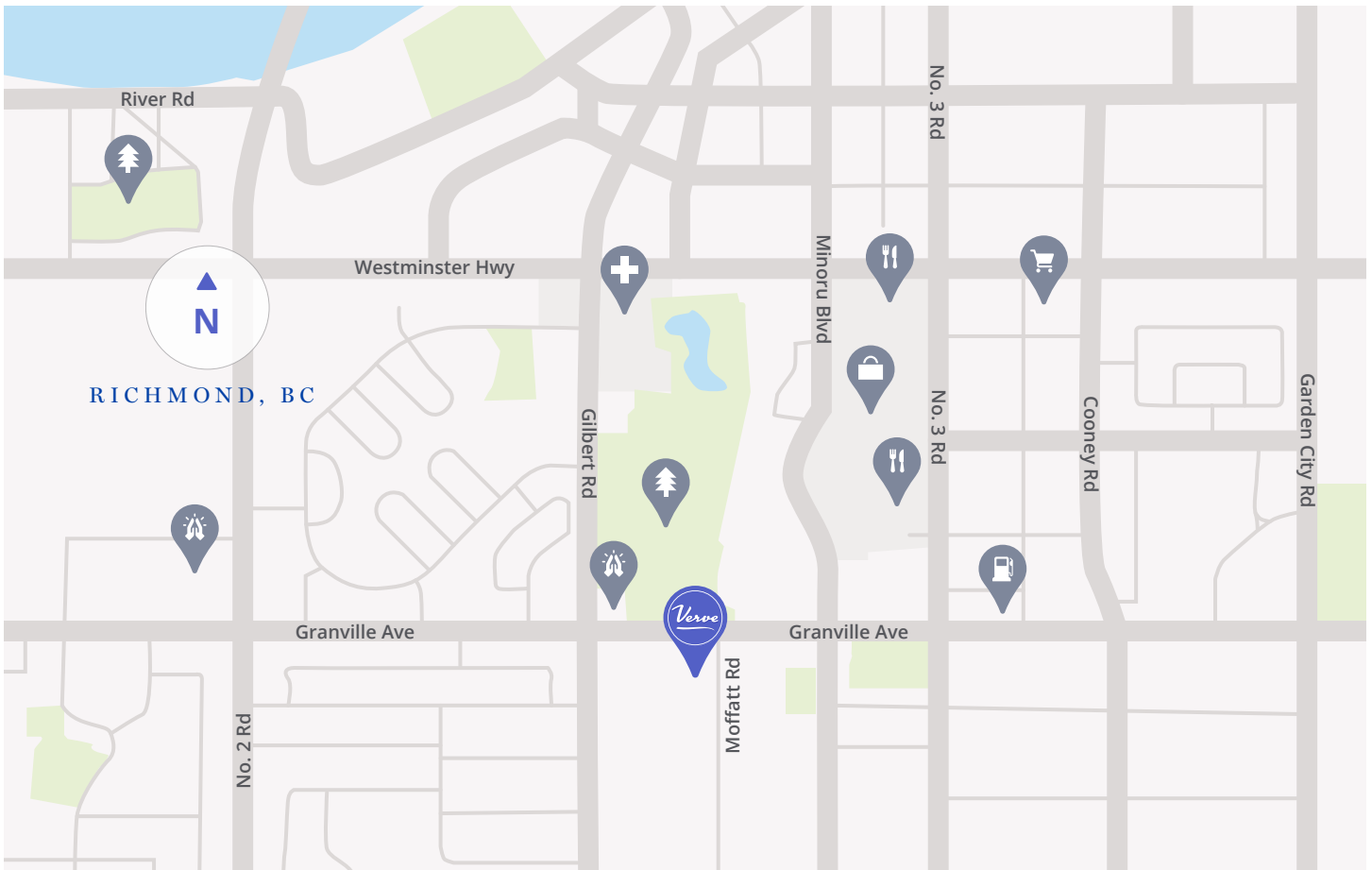
Regular safety equipment checks










Sprinkler system and smoke detectors



In-suite emergency response system



The Neighbourhood of Courtyard Gardens Retirement Residence

-  Market
-  Gas Station
-  Restaurant
-  Hospital
-  Church
-  Shopping Mall
-  Park

Map not to scale

A view of the idyllic grounds of Courtyard Gardens Retirement Residence.

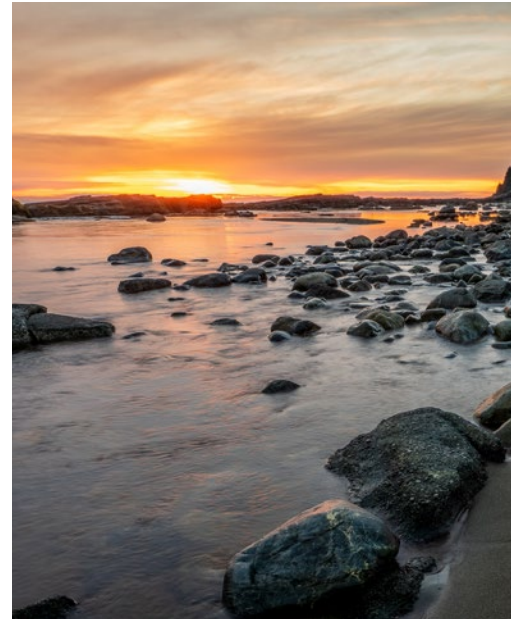


Rich mountain vistas and stunning sunsets — have it all in the heart of Richmond

Courtyard Gardens is conveniently located in the heart of Richmond, a short walking distance to the popular Minoru Centre for Active Living, the Richmond Centre Mall, the Library, Art Gallery, and the Cultural Centre. Residents are steps away from the heart of Richmond's city centre which features walking paths and tranquil ponds.

Surrounded by stunning mountain vistas, beautiful waterfront sunsets and vibrant urban living,

Richmond is just 25 minutes south of downtown Vancouver and 30 minutes north of the United States border.







We believe retirement living can be *inspired*, and *inspiring*.

Every day our residents redefine aging by experiencing retirement with purpose. An empowered life built on the pillars of mind, body, and spirit is the cornerstone of Verve Senior Living, supported by a professional team with a passion for excellence.

Courtyard Gardens Retirement Residence
7051 Moffatt Rd
Richmond, BC V6Y 3W2

T: (604) 273-1225

E: info@courtyardgardensretirement.com

CourtyardGardensRetirement.com