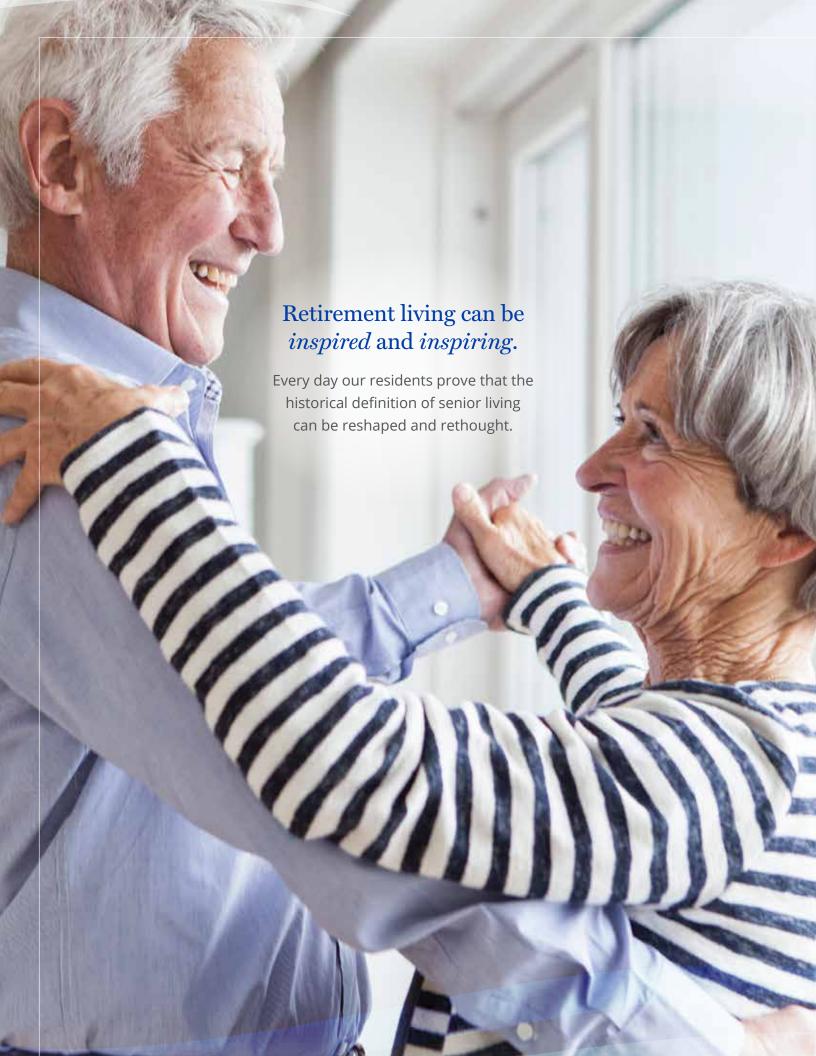


Let's journey together









### Welcome home

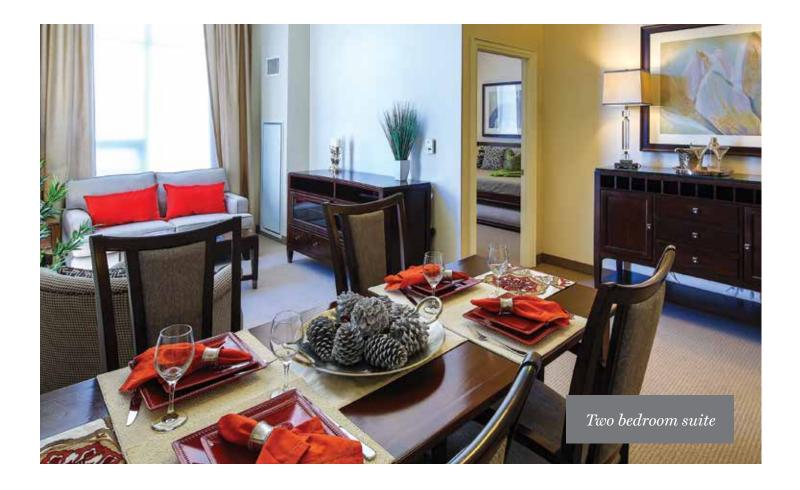
Credit River Retirement Residence is nestled in a residential neighbourhood in the quaint village of Streetsville. One visit to Credit River Retirement Residence and you'll feel the difference.

Our supportive team members create opportunities for our residents to thrive and live meaningful, purposeful lives.

Discover everything you need for inspired retirement living, from dining to activities to socialization—together, we're redefining what aging means!

Be on your own terms





### **Our Accommodations**

Create a living space that is uniquely you.
Our suites come in different sizes, so you can pick the one that fits your style best. Relax and read your book or enjoy your favourite beverage in the privacy of your own suite.
You will have access to great amenities and programs, as well as a community of people just like you. And if you have a furry family member, they're welcome too!

#### Our suite features:

- Well-appointed kitchenettes
- Climate control for your suite
- Accessible showers
- 24/7 Emergency response system

- Pet-friendly
- Weekly housekeeping service
- Weekly laundry service of bed linens and towels
- Window coverings

# Respite Stays

We offer respite stay services in private, fully furnished suites that include a telephone, television, and a monitored emergency response system. Caregivers and family members can find relief and peace of mind knowing their loved ones are being looked after by professionals in a safe and secure environment that feels like home.

- Balconies or terraces on select suites
- Complimentary laundry facilities



### **Our Amenities**

Living at Credit River Retirement Residence, you will be energized and inspired—whether you're relaxing in the comfort of your suite, listening to live music, or enjoying a game of cards with friends. Experience our chef's home cooking and invite your family and friends to join you for a meal. Your friends will feel comfortable the moment they enter our lounge/bar and share a cappuccino, glass of wine, beer, or cocktail with you.

#### Our residence features:

- Main dining room
- Bistro and bar
- Café
- Dedicated assisted living and memory care dining rooms
- Private dining room

- Country kitchen
- Fitness and wellness centre
- Spa and hair salon
- Fireplace lounge
- Library

- Activity room
- Movie theatre
- · Billiards room
- General store
- Worship centre
- Outdoor terrace

- Transportation for planned excursions
- Guest suites
- Personal mailboxes



Your Well-being

As evolving and varied as they may be, we all want our needs met in a certain way. At Credit River Retirement Residence, we celebrate that. Though the types of care we offer are different, the level of respect and dignity we display is unwavering.



### **Independent Living**

- Two exceptional, chef-inspired meals daily and a continental breakfast
- Access to first-class services and amenities
- Specialized and purpose-built life enrichment and fitness programs
- Transportation for planned excursions
- Personalized wellness programs and clinic
- Access to support services as required
- Resident wellness checks (e.g. unexplained absence at lunch or dinner)
- Weekly housekeeping services including laundering of bed linens and towels
- Emergency response system including pendant
- Professional on-site management
- 24-hour security monitoring service

### Personalized Support

When you or your loved one needs a little extra support, we offer a tailored approach to care with à la carte options designed to complement our Independent Living services.

#### Personalized support can include:

- Medication administration
- Assistance with light personal care
- 24-hour nursing staff available
- Weekly personal laundry

Ask a representative for a complete list of our à la carte personalized support service options.





At Credit River Retirement Residence, we believe that even those individuals needing some assistance can live purposefully, with spirit, energy, and the confidence to participate fully in community and social events. Changing needs are always met with respect by our trained and specialized individual service providers.

### **Assisted Living**

# Includes everything from Independent Living and also includes:

- Three exceptional, chef-inspired meals daily served in a private, family-style dining area
- Weekly personal laundry service
- Daily housekeeping (garbage removal, bed making, and light bathroom tidy)

#### Available if required:

- Medication administration
- Assistance with personal care needs

   (i.e. assistance with dressing, personal hygiene, ambulation, and continence care)
- Assistance with bathing and showering
- Ordering of personal hygiene supplies
- Health counselling, referrals, and liaison with medical practitioners

#### **Memory Care**

# Includes everything from Assisted Living and also includes:

- 24/7 registered nurse supervision
- Purposefully designed secured household
- Exclusive safe and secure terrace

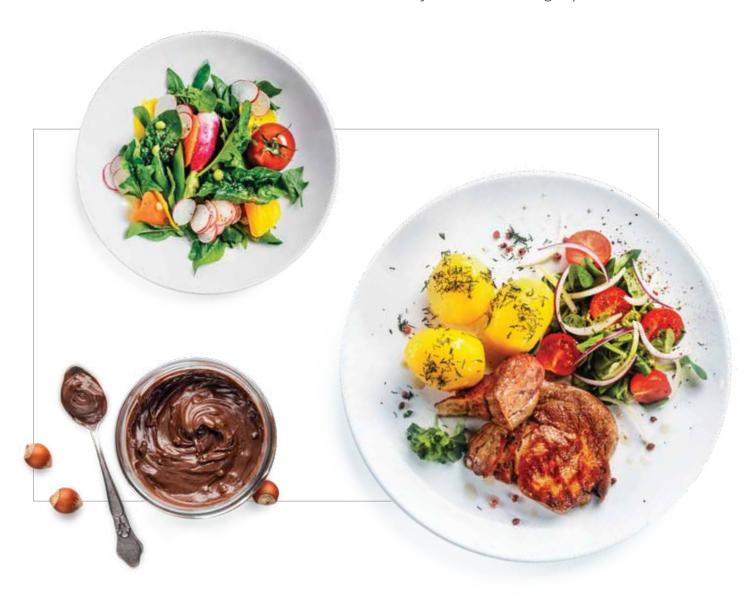
"From the beginning, the staff was very professional and had a heartfelt warmth and kindness for our requirements."

- Resident's family member

# A fresh take on dining

For most of us, the kitchen is the heart of any home where everyone is welcome, and everyone's tastes and preferences are taken into consideration. We agree that fussing over loved ones is a joyful part of creating a memorable meal, be it formal or informal. At Credit River Retirement Residence, our culinary team takes care of everything so you can enjoy your time with friends and family. We are quite literally at your service!

- · Living, Loving, Local food program
- Continental breakfast
- · Dining room with open seating
- Monthly brunches
- Daily specials and à la carte menu options
- Dietary accommodations
- Licensed bar, dining room, and patio
- Express lunch
- Private dining room for family gatherings
- Healthy choices, including superfoods







Indulge in immersive experiences and a community atmosphere unlike any other.

## Life Enrichment

At Credit River Retirement Residence, everything we do is to ensure that you have a great day, every day! That's why we hold monthly meetings to recognize that your opinions and suggestions are valued. Our monthly calendar is a great reflection of how we act upon your ideas. Selected by the residents, our engaging activities will inspire you to participate!

- Excursions to museums, galleries, and entertainment venues
- Guest speakers specializing in music, art, health, education, technology, and politics
- Regularly scheduled live entertainment
- On-site vendors offering unique clothing, jewelry, and more so you can shop in the convenience of your home
- · Various on-site non-denominational religious services
- Monthly resident council meetings

#### Fitness classes include:

- Walk Fit
- Drum Fit
- Go4Life
- Dance classes
- Yoga

# Other purposefully designed programs include:

- Meet Me at the MoMA
- Artfull Enrichment Program
- Java Music Club
- Java Memory Club
- Fit Minds



### It's About You

Attention to individual needs and wellness is a priority at Credit River Retirement Residence. We have a monitored Emergency Response System and are staffed 24 hours a day by a team of individuals dedicated to your comfort and well-being. In addition, your Health & Wellness Manager provides health assessments and co-ordination of other services as needed.



# Safety & Security

Credit River Retirement Residence is a place you can call home, and not because it's where you wake up every morning, but because you're surrounded by people who care about your well-being, providing you peace of mind. We believe that you should feel safe and reassured when living in your new home. The building has new innovative safety features.

- 24/7 emergency response pendant
- Security door system and cameras in public areas
- Regular fire safety and equipment testing
- Sprinkler system and smoke detectors
- Emergency response system in every suite



Emergency response pendant



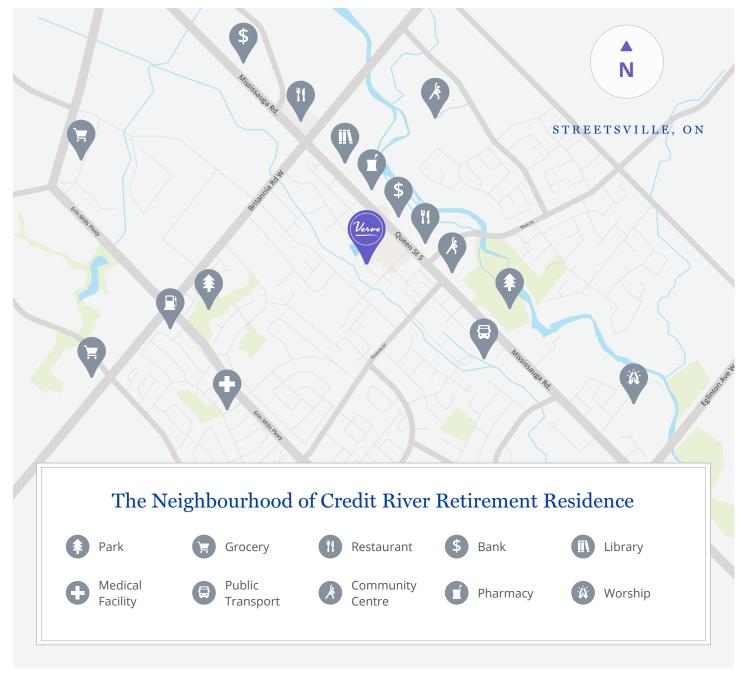
Regular safety equipment checks



Sprinkler system and smoke detectors



In-suite emergency response system



Map not to scale

A view of the idyllic grounds of Credit River Retirement Residence





# Friendly people, vibrant festivals, and more. Streetsville is a Mississauga gem.

Nestled along the Credit River and Mississauga Road in Mississauga, Streetsville is a breath of fresh air in the city. Originally built as a mill town, Streetsville has retained its small-town charm; experience walking paths along the majestic river, explore historical buildings, and discover your new favourite shops and restaurants within walking distance.

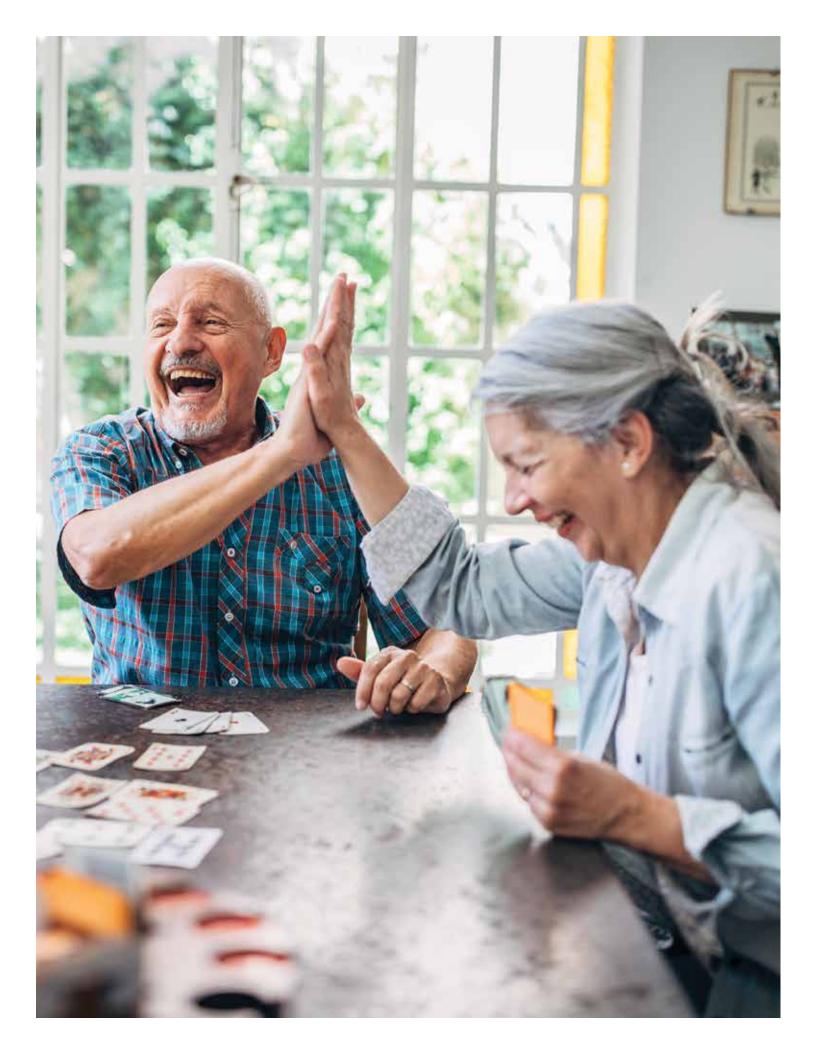
#### More information about Streetsville:

- Home to the largest number of historic buildings in the city
- Streetsville blends old-world charm with its 300+ unique and inviting restaurants, cafes, pubs, shops, and more
- With events going on year-round, there's always something to do in the village





Streetsville has over 300 shops and services and many fine restaurants.



Live the retired life the way you were meant to.



#### We believe retirement living can be *inspired*, and *inspiring*.

Every day our residents redefine aging by experiencing retirement with purpose. An empowered life built on the pillars of mind, body, and spirit is the cornerstone of Verve Senior Living, supported by a professional team with a passion for excellence.

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